



CLINIQUE DENTAIRE  
**Baie-des-Chaleurs**

**Removable Prosthesis**  
Post-Insertion Advice

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- The first days will be a period of adaptation with your new prosthesis. It may be normal not to be completely comfortable in the first few moments.
- Start by wearing your new prosthesis without eating to get used to it, then start eating soft foods, then harder and harder.  
Go quietly to avoid injury  
Eat slowly
- Clean your prosthesis daily with mild soap. Avoid using regular toothpaste that will abrasive your prosthesis.  
You can use a dip solution. Follow the manufacturer's instructions.
- Brush your prosthesis with the brush provided for this purpose. It is important not to brush your natural teeth or gums with this prosthetic brush.
- Remove your prosthesis at night and leave it in the water during this removal period.
- If an injury or ulcer occurs in the first few days:  
Remove the prosthesis and rinse your mouth with lightly salted water (2 teaspoons of salt in 1 litre of water).  
You can wear your old prosthesis while you heal.  
Try the new prosthesis again: if the wound or ulcer persists or comes back, contact us for an adjustment.

